

____ New Renewal

Proof of Residency... NYS License #_____

STAF	STAFF USE ONLY		
	Date:		
Member ID #			
Method of payment	cash check # credit		
Amount Paid	\$		
Staff Initials			

Non-Resident & Non-Resident Senior \$340		Suffolk County Resident – Adult \$275
Senior 60 & over \$220		Suffolk County Resident – Child (up to Grade 12) \$220
Family Membership (must live same household, mother, father, of	hild)	
(List family member names and DOB on back of this sheet.)	5720	

Last Name	First Name				
Street Address	City, St, Zip		•		
Phone	Date of Birth		Gender	М	F
Emergency	Emergency				
Contact Name	Contact Phone				
Email Address	Ne	o Refunds	s Allo	wed.	

Membership Privileges, Notices, Disclosures & Agreement

- 1. I hereby represent to Suffolk County Community College that I am desirous of purchasing the Health Club Program Membership as set forth in the agreement which I have signed. I further agree to use the facilities in accordance with the rules and regulations of Suffolk County Community College. The person whose signature appears below, agrees to abide by all rules and regulations of Suffolk County Community College as are in effect and are subject to change.
- 2. I am familiar with the risks inherent in sports and activities such as those conducted at Suffolk County Community College and the risk of personal injury to members when undertaking such sports and activities. Suffolk County Community College encourages members to undergo a complete physical examination before participation in any sports or activities. I hereby assume all risks of personal injury and/or property damage to myself in any way associated by Suffolk County Community College. I hereby release Suffolk County Community College and its officers, agents and employees from all claims, liability or demand of any kind or account of any personal injury, property damage or other damages arising out of and/or participation in said sports or facility use activities. Further, I confirm I have read and understand this release.
- 3. If I am under the age of 16, my parent or legal guardian must sign below and agrees to the terms and conditions of this agreement on my behalf.
- I understand that membership cards are not transferable. Failure to abide by this rule will result in forfeiture of membership privileges.
 Membership cards are required for admission to Health Club facility at each date and time of use. Cards must be shown upon request when entering the facility and upon entering the areas of interest.
- 5. The Health Club Program at the Health Sports and Education Center at Suffolk County Community College is not a private health club, but a program of the college. Facilities are only available as indicated in the published schedule and when not scheduled for classes, athletics and/or special events. The college reserves the right to close the Health Club for maintenance, academics, athletics and special events as needed. This information will be posted at the membership desk.

Member's Signature:	 Date//

How did you hear about us?_

*Note – Hours may change due to scheduled college events or holidays. By order of the Dept. of Health each year in June and December/January for a total of 4 weeks we must close the pool for maintenance & cleaning.

Rules and Regulations (updated September 2016)

- 1. An individual Health Club membership card or a Suffolk County Community College valid ID must be presented for entry.
- 2. ID cards must be shown upon request to all faculty, staff, and or public safety staff.
- 3. This facility may only be used during posted hours of operation, schedule may be changed to meet needs of academic classes or athletics and events.
- 4. Lockers are for daily use only. Locks left overnight will be removed.
- 5. Suffolk County Community College is not responsible for lost or stolen property.
- 6. The Suffolk County Board of Health requires that all swimmers shower before entering the pool.
- 7. Gym or school bags are not permitted in fitness or aquatic areas.
- 8. Equipment must be replaced after use.
- 9. Sneakers must be worn at all times in fitness areas.
- 10. Outside footwear is prohibited on the pool deck.
- 11. Children less than 16 years of age must at all times be accompanied by an adult responsible for their safety and behavior while in the facility.
- 12. Individuals under the age of 13 are not permitted in the fitness room.
- 13. Individuals under the age of 13 may use the pool when accompanied by an adult.
- 14. Only suitable exercise attire should be worn while working out.
- 15. Alcoholic beverages and smoking are strictly prohibited.
- 16. Loud or abusive language will not be tolerated
- 17. Improper behavior, misuse of equipment, or violation of facility rules may result in termination of your membership as well as liability for damages.
- 18. Entering the pool deck with no lifeguard on duty is prohibited.
- 19. Exiting the pool deck through doors to the hallway is prohibited.
- 20. Children six (6) and under Must have hands-on contact with an adult responsible for their safety and behavior while in the pool.
- 21. NO floatation devices to be used on children under six (6).
- 22. NO DIVING!
- 23. Health Club members will park in WHITE-LINED spaces or designated handicap areas. RED-LINED spaces are for faculty/staff use ONLY. Security will ticket vehicles that do not adhere to these regulations.

Parking may be limited on special event days. Please check the bulletin boards and your email regularly for notifications regarding upcoming events that will cause higher volume on campus

• By signing below the member fully understands and will follow all rules and regulations. Failure to follow the rules and regulations will result in termination of membership without refund of membership fee.

Members Signature:_____ Date ___/ /____

For Family Membership, please list other members in family:

Name	Member ID	DOB

Hours of Operation, Membership Dues, Services

New Rates Effective 09/01/16

Pool Hours:

Mon - Fri: 5AM - 8AM / 11AM - 1PM / 4:45 PM - 10PM Saturday: 8AM - 1 PM Sunday: 9AM - 1 PM

Weight Room Hours;

Mon - Fri:6AM - 8AM / 11AM - 1PM / 5 PM* - 9 PM(*Mon & Wed during the academic year, the Weight Room's evening hours begin at 6 pm instead of 5 pm.)Saturday:8AM - 1PMSunday:9AM - 1PM

*Note – Hours may change due to scheduled college events or holidays. All information will be posted at the membership desk and bulletin boards outside the locker rooms. All health club members will also receive an email

Membership Dues:

12 Months (up to grade 12)
12 Months
12 Months
12 Months

*Visa and Mastercard accepted

Included in membership:

- 25 Meter / 8 Lane Pool
- Free Weights
- Cybex Strength Systems
- Cybex Cardiovascular Equipment
- Locker rooms / Saunas / Showers
- Water "Aquarobic" Class Monday-Friday 11AM/Monday-Thurs 5PM

Parking Regulations:

SUFFOLK COMMUNITY COLLEGE PARKING REGULATIONS STATE THAT ALL MEMBERS MUST PARK IN THE <u>WHITE-LINED SPACES</u> ONLY. RED-LINED SPACES ARE FOR FACULTY/STAFF USE ONLY. Security will ticket vehicles that do not adhere to these regulations.

PARKING MAY BE LIMITED ON SPECIAL EVENT DAYS. PLEASE CHECK THE BULLETIN BOARDS AND YOUR EMAIL REGULARLY FOR NOTIFICATIONS REGARDING UPCOMING EVENTS THAT WILL CAUSE HIGHER VOLUME OF VISITORS TO CAMPUS.

For Questions or Concerns Please Call James Dello-Iacono – Director of Aquatics & Fitness (631) 851-6904/6900